**Madeleine Leininger’s** **Theory of Cultural Diversity and Cultural Universality Paper**

**NURS 306 Theoretical Foundations of Nursing Practice**

**Madeleine Leininger’s Theory of Cultural Diversity and Cultural Universality**

**Purpose of the Assignment**

This assignment is designed to allow the student an opportunity to complete an in-depth analysis of a nursing theory/model. Analysis of the theory coupled with application to a clinical scenario is intended to demonstrate the relevance of nursing theories to professional practice.

**Approach to the Assignment**

Transcultural nursing is one of the most comprehensive and inclusive theories among all nursing theories. The emphasizes on having transcultural knowledge as a nurse emboldened goal of becoming culturally, spiritually, religiously competent nurse. Whose knowledge of cultural diversity, and societal backgrounds play an important role in how I deliver nursing care.

This assignment helped me to acquire and build professional nursing knowledge that was rooted in transcultural care to ensure. A knowledge that promotes providing safe and culturally competent care in harmony with people of different cultures. It has helped me to understand that inductive and deduction knowledge is essential in understanding people of diverse cultures

**Reason for Inclusion**

As a nurse whose background is rooted in a strong cultural and religious believe, the theory of cultural diversity and cultural universality has become a potent tool in my actions, and choices as nurse, the ability to incorporate the four key concepts Leininger’s theory of cultural diversity, cultural universality, culture-specific care, and culturally congruent care has played a significant role in my approach to providing patient-centered care.

**Domain 1: Knowledge for Nursing Practice**

*(1). Identify concepts, derived from theories from nursing and other disciplines, which distinguish the practice of nursing.*

The practice of nursing is a very sensitive one and must be treated as one. The ability to have personal trusted time with patients and to be able to relate with other disciplines is what separates nursing practice from others. The knowledge derived from nursing theories are the building blocks of nursing practice.

**Domain 2: Person-Centered Care**

*(10). Demonstrates an awareness of cultural preferences and complementary modalities and their usefulness in promoting health.*

A nursing care that is individualized, patient-centered, and carried out to meet patient needs. This involves the use of patient preferences that may include cultural, religious, or other preferences.

**Domain 3: Population Health**

*(18). Educate individuals and families regarding self-care for health promotion, illness prevention, and illness management.*

Theory of Cultural Diversity and Cultural Universality is another way of understanding the different socioeconomic backgrounds of a community. This knowledge is a tool that provides an insight into the health of a community in relation to their cultural and religious beliefs. This allows the nurse to provide the necessary health promotion awareness to promote self-care, preventing illness, and a family-oriented education on health promotion behavior that is vital in maintaining healthy people and healthy communities.

**Domain 4: Scholarship for the Nursing Discipline**

 *(27). Evaluates research that focuses on the efficacy and effectiveness of nursing interventions.*

The discipline of nursing and the care we provide is evidence-based driven which is made possible by the nursing research team. The efficacy, and effectiveness of nursing interventions can also be related to diversified nursing knowledge. This knowledge is not limited to knowledge acquired during training but also knowledge acquired studying and utilizing evidence-based recommendations in nursing care.

**Nola Pender Model of Health Promotion paper**

**NURS 306 Theoretical Foundations of Nursing Practice**

**Nola Pender model of Health Promotion**

**Purpose of the Assignment**

This assignment is designed to allow the student an opportunity to complete an in-depth analysis of a nursing theory/model. Analysis of the theory coupled with application to a clinical scenario is intended to demonstrate the relevance of nursing theories to professional practice.

**Student Approach to Assignment**

The unique approach used for this topic was focused on health-promoting behavior. Because health-promoting behavior is the desired outcome, and it is the endpoint of health promotion model. My personal value and interest towards this assignment was to prevent diseases and promote health. This assignment taught me the importance of integrating interpersonal environments into health promotion education. This is because these interactions influence a person's thought throughout their lifespan. By approaching this assignment this way, I was able to explore and understand that person-environment pattern of interaction is essential to behavior change.

**Reason for Inclusion of this Assignment in the Portfolio**

 This assignment is included in my portfolio because health promotion model is highly applicable in the community health setting. As a nurse, I believe in promoting community health through education and awareness. By applying Nola Pender’s health promotion model, I can reach people at their cultural, cognitive affect, interpersonal, and physical environments because these are the key modifiers of behavior change, and health-promoting behavior.

**Domain 1: Knowledge for Nursing Practice**

*(3). Articulates an understanding of how human behavior is affected by culture, race, religion, gender, lifestyle, and age.*

There is an environmental effect on people’s behavior which are the products of culture, race, religion, gender, lifestyle and age, and are essential in understanding what motivates people in making health behavioral changes.

One example is the proposition that perceived competence or self-efficacy in executing recommended behavior increases the likelihood of commitment to health-promoting behavior. Another example is the proposition that one’s financial status may increase or decrease the likelihood of commitment because the ideal outcome may seem unattainable for people who are financially unstable.

**Domain 2: Person-Centered Care**

*(7). Demonstrates clinical reasoning in making clinical or professional judgments.*

Nola Pender’s health promotion model seems simple because it goes from low to high, but the deeper one explores the complex it becomes. By understanding a person’s interpersonal, and social structural environment, as a nurse, I can provide meaningful and satisfying care to my patients. I can make decision that are influenced by clinical reasoning and professional judgment to ensure that I provide a patient centered care and promoting health.

**Domain 3: Population Health**

 *(9). Implements nursing care practices as appropriate to provide holistic health care to diverse populations across the lifespan.*

Holistic care is believed to be the heart of the science of nursing. By recognizing a person as a whole and acknowledging the interdependence among people’s biological, social, psychological, and spiritual aspects of health, I can provide care to a diverse population across the lifespan using holistic approaches.

**Domain 4: Scholarship for the Nursing Discipline**

*(25). Applies research-based knowledge from nursing as the basis for culturally sensitive practice.*

To be culturally aware is important for nursing practice, and applying culturally sensitive practice in my daily nursing care is practice that I strive for.

For example, when I provide care to patients with different religious beliefs, my goal is to recognize the patients, recognize their religion, and care for them patient as an individual and not a religion. As a Christian, I have cared for many Muslim patients. I like to talk about religion with my patient because I want them to understand that I recognize every religion. My goal is for my patient to relax and understand that I only see people’s heart, just like God, and not their religious beliefs.

*(41). Apply principles of professional nursing ethics and human rights in patient care and professional situations.*

Caring for patients with different cultural backgrounds, recognizing patients’ inherent dignity, worth, and uniqueness, I can provide compassionate, and respectful care which are the tenet of nursing ethics.

An example is when caring for patients who refuse to wear the hospital, refuse to remove undergarment, pants, shirt, and jewelries even when it makes providing care very difficult, such patients deserve respect for their individual preferences and respect for their dignity.

**Research Process Paper**

NURS 363 **Nursing Science**

 **Research Process**

**Purpose of the Assignment**

Purpose: The desired outcome of this activity is to increase the student's ability to critically analyze the steps in the research process. The learner will refine skills of group process during the development of this assignment.

**Approach to the Assignment**

This assignment was performed using a teamwork-based approach. In the field of nursing and patient care, one of the greatest strengths in achieving set goals is teamwork. My personal value in working with others is to understand each other and work with everyone’s idea and effort where they are applicable. This assignment was one of the longest group papers in my course of this program. It heled me strengthen my patience in dealing with others (students, coworkers, and patients).

**Reason for Inclusion**

This project is added to the portfolio because teamwork has a significant impact in nursing practice. The saying that “no one is an island” is speak volume when it comes to nursing practice. My group worked together from the beginning of the semester to the end when the as the project lasted, we tolerate and understood each, and in the end finished the group paper with a good grade. So, this assignment is a testament of what teamwork can do in nursing.

**Domain 2:** **Person-Centered Care**

*(6). Communicate effectively with individuals.*

Effective communication promotes collaboration, relates information to individuals involved in a group, relate information to people, patients, and helps improve outcomes.

For example, my communication approach determines the response I will receive. The way I communicate with my coworkers and patients determines the response and outcome I will receive. My goal when providing care to my patients is to understand the patient and communicate with the patient at an individual level and listen effectively.

**Domain 4: Scholarship for the Nursing Discipline**

*(26). Applies research-based knowledge from the arts, humanities, and sciences to complement nursing practice.*

Nursing is a career field that utilizes knowledge from other disciplines through collaboration to function effectively in care delivering. Sometimes studies must cover other disciplines to promote nursing practice. Knowledge that are incorporated to nursing practice must be from evidence-based studies. An example would be using music, imagery, and other forms of activity to distract, refocus, and redirect a confuse/anxious patient’s attention.

**Domain 4: Scholarship for the Nursing Discipline**

*(28). Communicates scholarly findings with colleagues.*

This group work went on from the beginning of the semester to the end of the semester. Effectively communicating our findings was paramount in completing every phase of that group project. As such, effective teamwork, effective and prompt communication was learned. In practice, providing my patients with tangible, effective, and timely information is a work ethic that I apply as my ought to do values to promote my personal principles as a nurse.

**Domain 4: Scholarship for the Nursing Discipline**

*(24). Differentiates between descriptive nursing literature and published reports of nursing research.*

As a nurse who strive for the best patient care and outcomes. Choosing the best nursing practice is very important in the kind or care and intervention to be provided. In a group’s projects, there specification on requirements, the ability to distinguish between studies, analyze them, infer and interpret is important in nursing practice. For example, the ability to understand written orders, verbal orders, or over the phone orders determines the intervention given to a patient, the efficacy, and effectiveness. So, as practicing nurse, being able to differentiate scholarly studies is a great knowledge needed to improve my nursing skills.

**Domain 7: Systems-Based Practice**

*(19) Provides teaching to patients and/or professionals about health care procedures and technologies in preparation for and following nursing or medical interventions.*

Because nursing is an ever-evolving field of practice. Nursing as a profession, involves a lot of teaching. So, be versed in knowledge (health care procedures and technology) is needed to effectively educate patients and other professionals. Using computer and other applicable smart devices is a system base practice is part of my daily nursing routine. I encourage my patients to access their information using their personal smart devices, and this keeps patients reassured.

**Evidenced Based Practice Paper**

**NURS 363** **Nursing Science**

**Evidenced Based Practice**

**Purpose of the Assignment**

The purpose of this assignment is to acquaint the student with research literature and the process of utilization of research to guide nursing practice/interventions.

**Approach to the Assignment**

The approach to this assignment was to understand how evidence-based nursing practice is produced and the importance of supporting materials for the nursing practice. By understanding the literatures that guide nursing practice, I was able to incorporate interventions that are evidenced-based on rather than opinion in my piece that was presented.

**Reason for Inclusion**

The reason for adding this assignment in this portfolio is because its emphasis is on the importance of research and evidence-based information/interventions in nursing practice. The more study papers I read, the more I understood the importance of research in nursing practice. This also fires my enthusiasm in providing an evidence-based care to my patients.

**Domain 5: Quality and Safety**

*(11). Performs therapeutic interventions that incorporate principles of quality management and proper safety techniques.*

One of the major goals of nursing is to provide an effective and therapeutic intervention. For example, by proving a safe, quality, and appropriate care to patients, interventions will become effective and therapeutic. By setting a safety goal of no falls is important in maintaining patient’s plan of care and interventions.

**Domain 5: Quality and Safety**

*(15). Delegates and supervises the nursing care given by others while retaining accountability for the quality of care provided.*

Another way to ensure that a quality and safe care is provided is to delegate appropriately. care delegation must be within the scope of practice of the delegate and the delegator. The delegator must communicate delegated care clearly, supervise the delegate and the delegate must accept the delegated care, and when it is appropriate. As a nurse, if I checked blood glucose and patient presents a hypoglycemic level, after following the intervention protocol, I always perform the subsequent recheck myself. This may ways of actively and timely performing this task even when it can be delegated.

**Domain 6: Interprofessional Partnerships**

*(32). Adhere to the registered nurse scope and standard of practice.*

Because there is a standard that guides the registered nurse scope of practice, my adherence to this standard is s testaments of my professional integrity. My moto as a practicing professional nurse is to do what I am ought to do at all times with the understanding that there are standards and limit to what I can do as a registered nurse. As a nurse, my role is to provide evidence based care, I have no business in performing surgical procedure regardless of how simple it might seem.

**Domain 7: Systems-Based Practice**

*(36). Understands the effect of legal and regulatory processes on nursing practice and health care delivery.*

Nurses must be well informed about the legal and regulatory processes on nursing practice and healthcare. One must be meticulous to avoid preventable harm and legal actions. My goal is to prevent harm to patients by always providing an evidence-based care. Ensuring that my understanding of the system-based practice is evident in how I protect the patients privacy and health, and in return protect myself from preventable legal issues. .

**Image of a Nurse: PowerPoint**

**NURS 401 Professional Development for Baccalaureate Nursing**

**Professional Image of a Nurse**

**Purpose of the Assignment**

The purpose of this assignment is for the student to assemble a PowerPoint presentation. In addition, the student will organize content about their value/viewpoint of the professional image of a nurse. There is no right or wrong to the content.

**Approach to the Assignment**

My approach to this assignment was to express my pride in my profession as a nurse. A pride that is no dissuaded by public opinion. As a nurse who works at bedside and taking care of people of different socioeconomic backgrounds, it is important that I understand the importance of being confidence in my work, action, words, appearance, and in the way I present myself before my patients. On a personal ethical and professional moral t importantly, I strive to represents as image that signifies accountability, professionalism, proactivity, and teachability, and in all the ability to adapt.

**Reason for Inclusion**

Adding this assignment is meaningful because my views and perceptions of nursing as a profession influences how I speak of this profession, how I present myself at work, how I deliver care, and most importantly, how meaningful the care I provide is to me and my patients.

**Domain 4: Scholarship for the Nursing Discipline**

*(37). Considers the impact of research outcomes and the effects* *of health and social policies on persons from diverse backgrounds.*

Nursing a professional discipline that is govern by rules with high expectation to personal and professional conduct. Because our personal conduct sometime influences our professional conduct, so it is important to keep the two in check. Because my personal background can influence my views of other peoples’ backgrounds, it is important that my actions are inline with the polices that governs health and social policies on persons from diverse backgrounds.

An example is caring for a patient from a minority social background with the consideration that all humans are equal and deserves equal care and attention. Not allowing social class to guide the amount of care and respect accorded to such individuals. To always see my patients as a person and not as class improves health, confidence, trust, satisfaction for both patients and nurses, and is supported by evidence.

**Domain 5: Quality and Safety**

*(17). Articulate the nurse’s role as a member of the interprofessional team in promoting safety and preventing errors and near misses.*

All emphasis on nursing care is rooted in practicing safety and providing quality care. Providing safe and quality care is how nurses prevent harm and ensure that no error occurs to patients. In as interprofessional team effective communication is the key to preventing errors and promoting safety.

An example is timely updating the physician that a patient is hypotensive and may not need antihypertensive medication, or that the patient may need stat fluid bolus if appropriate. Another example is working with a physical therapist, updating the team that a patient was just diagnosed of bilateral thromboembolism, and may not need to be ambulated based on stat verbal order by the physical that is yet to be imputed. Working a harmonious way with other team of professionals is important in keeping patients safe.

**Domain 5: Quality and Safety**

*(16). Identify sources and applications of national safety and quality standards and hospital
standards of practice to guide nursing practice.*

As a professional nurse, I take responsibility in my ability to apply the standards of practice in my everyday nursing practice, and recognizing that all care that I provide is within the standards of national safety and quality practice that guide nursing practice. By utilizing safety and providing quality care, I ensure that proper techniques for handling sharp objects is utilized; proper procedures for blood and blood product administration is utilized; proper patient and proper route of intervention of care is utilized.

**Domain 6: Interprofessional Partnerships**

*(31). Articulates the values of the profession and the role of the nurse as member of the interdisciplinary health care team.*

Nurses work independently and in collaboration with other health professions and discipline. Nurses must work with an interdisciplinary team to achieve a holistic goal of patient’s plan of care. The nursing profession requires one to be professional, proactive, aware, patient, and respectful and to effectively communicate with others.

Example to an interprofessional partnership is when I coordinate with a dialysis nurse ton ensure that patients receive antibiotic with dialysis as ordered or blood transfusion as ordered. Another example is when I work with a radiology nurse to find a suitable time for a patient to go down for their scheduled x—ray. Another is to ensure that a patient receives antianxiety medication at the right time before going for an MRI.

**Domain 7: Systems-Based Practice**

*(34). Demonstrates evidence of participation in Interprofessional Education (IPE) activities.*

Providing care to each patient involves interprofessional collaboration, and interprofessional education is paramount. An example of an interprofessional education is when I attend a nurse competence and skills training. Example is working with a physical therapist on a proper body ergonomics to reduce and prevent musculoskeletal accident in both patients and nurses.

**NEEDS ASSESSMENT PAPER**

**NURS 402 Role Development for Baccalaureate Nurse as Educator**

**Needs Assessment**

**Purpose of the Assignment**

Purpose: The purpose of the assignment is to provide the student the opportunity to discuss the process and resulting outcomes when assessing a population of learners’ needs related to an actual nursing problem, for the purpose of planning a teaching intervention.

**Approach to the Assignment**

My approach to this assignment was to find out why young adult with sickle cell disease suffer much and frequent crises. My goal was to assess the need for proper transition to adulthood and to provide adequate education. To ensure that the need for collaboration among interdisciplinary teams, and adequate time to facilitate a proper and effective transition of patients with sickle cell disease from pediatric to adult health care is met.

**Reason for Inclusion**

This assignment is included, because it shines light to some areas and demography of patients with sickle cell disease who require thorough assessment, planning, and proper intervention before transitioning into adult health care and taking full responsibility of their care decisions.

**Domain 3: Population Health**

*(21). Assess the priorities of the community and/or the affected clinical population.*

To find out why young adults suffer severe and frequent sickle cell crises as evidenced by their rate of hospitalization. My curiosity was aroused, which led to my finding of a not so strong and effective transition process.

An example is allowing the patient to take control of their medical/health care needs as soon as they turned 18 years of age. I mate a young lady who just turn 18 ears old, and the who told me that her phone number was requested by the sickle cell team because she need to start assuming responsibility for her care decision making. She stated that “I refused” because I am not ready.

**Domain 3: Population Health**

*(23). Prioritize patient-focused and/or community action plans that are safe, effective, and efficient in the context of available resources.*

The population health for this assignment is the sickle cell patients in their 18 to 30 years of age. An example of a prioritize patient-plan is a well-tailored plan and process that is individualized based on the patient’s capability. My proposition to this project was to allowing patients to transition to adult health care responsibility when both patients and parents are in agreement that patient is ready to take full responsibility of their care.

**Domain 6: Interprofessional Partnerships**

*(20). Initiates community partnerships to establish health promotion goals and implements strategies to meet those goals.*

The interdisciplinary team must establish an effective partnership that promotes knowledge about children with sickle cells transitioning into adult healthcare. Facilitate a timeline, and the willingness of the child to assume healthcare responsibility must be considered.

Example is when all involved discipline gives their check mark clearing that the young adult is ready to transition, and patient and family agreed.

**Domain 7: Systems-Based Practice**

*(35). Describe the impact of healthcare cost and payment models on the delivery, access, and quality of care.*

The healthcare cost for sickle cell crisis management should be part of the education and transition teaching those patients with sickle disease receives. Because sickle cell crisis is a serious medical condition, the cost of management is expected to be high. Some sickle cell patients are on medica aid while some have employee or are insured under their parents. Regardless of which medical insurance the patient is using, a proper breakdown of healthcare cost must be presented. This is important because managing sickle cell appropriately and following recommendations reduces severity and frequency of crises and reduce cost.

**Domain 1: Knowledge for Nursing Practice**

*(33). Explores personal philosophy of nursing and educational goals at the beginning and end of the program.*

My personal philosophy of nursing and educational goals is to understand better and regularly incorporate the philosophy that guide nursing practice in my everyday practice.

An example is providing effective and appropriate education to my sickle patient population to promote their overall health and wellbeing. Education that elaborates on the importance of adequate hydration, avoidance of ice packs on aching joints, avoidance of acetaminophen for fever reduction, and avoidance to exposure to extremely hot or cold temperature.

**Ethical Issues Concept Map**

**NURS 412 Ethics, Law, Economic & health Policy**

 **Ethical Issues**

**Purpose of the Assignment**

The purpose of the assignment is to provide the student with an opportunity to analyze an ethical issue in healthcare. An ethical decision-making model will be used along with application of ethical principles and the American Nurses Association (ANA) Code of Ethics for Nurses.

**Approach to the Assignment**

My approach to this assignment was to analyze some of the ethical dilemma of face by nurses when providing end of life care. As a nurse, I have found myself in a situation where I was questioned by families why their loved one is taking too long to pass away. This does not mean that they want their loved one gone immediately, it is because of poor education, misinformation or misunderstanding of information provided by the palliative care team during decision-making consultation. My goal is that patients and families may receive adequate and proper education and awareness of the end of life decision. An education that explains process and expectations to avoid a situation of dilemma and misunderstanding between families and nurses.

**Reason for Inclusion**

This topic is included because ethical dilemma is one of the biggest challenges that nurses face when dealing with patients and families. In situations where a patient consults with several specialists or disciplines, every other question is directed to the nurse. Implementing orders can be challenging sometimes due to the nature of the situation, one’s personal feelings, and the family involvement. It is important that speak out when there is a shortcoming on the way palliative care measures are presented and implemented. Nurses are the closest to families and patients and understand their feeling, listens to their concerns and needs. So, it is sometime difficult to when is situation places a nurse into a dilemma.

**Domain 3: Population Health**

*(22). Demonstrate effective collaboration and mutual accountability with relevant stakeholders.*

This task was facilitated among relevant personnel through effective communication. to ensure that patient population and the community are educated about the care they receive or ask for to ensure that outcome matches their intended goal.

Dusing and after this assignment, it became a mission of mine to as my patients and families what they know about palliative care. I used that opportunity have a friendly conversation while explaining the components and benefits of palliative care.

**Domain 5: Quality and Safety**

 *(30). Accesses and utilizes data and information from a wide range of sources to evaluate patient safety and care outcomes.*

Because people still lack awareness and knowledge of the component of palliative care abs its benefits, data showed that it is underutilized.

My approach to this was educating patients on the benefit of palliative care with data and testimonies of people who has benefited from incorporating palliative care into their curative care. I ensured that my patients and families have access to information on the myths, and misconceptions of palliative care in an easy to comprehend form.

**Domain 8: Informatics and Healthcare Technologies**

*(40). Use evidence-based patient teaching materials, considering health literacy, vision, hearing, and cultural sensitivity.*

The education that I provided was with consideration patients’ and families education level, orientation, vision, hearing, and cultural identity. The instructional mode was also considered and different mode such as flash cards, computer, smartphone, graphics and printable materials.

*39. Demonstrates skills in using technology, informatics, and communication devices to
deliver care using remote technology.*

By understanding the use of technology needed technology, I was able to provide virtual post glaucoma surgery teaching. While the teaching was done virtually, I considered patient’s privacy and information security by asking patient if her surroundings was safe and secure before starting the teaching.

**Domain 9: Professionalism**

*(42). Advocates for professional standards of practice using organizational and political processes.*

As a professional nurse, advocacy is part of my ethical and moral obligation when it is application. An example is when I advocated that patient and family should receive effective education on the component and benefit palliative care; the meaning of do not resuscitate order; the meaning of comfort care; and hospice care. These aspects/stages of must be clearly explained and communicated. Patients and family must state in their own words their understanding of the different stages of care.

**Benchmarking Project**

**NURS 417 Career Pathway Development**

**Benchmarking**

**Purpose of the Assignment**

The purpose of this project is to expand informatics skills by comparing selected outcome measures from three hospitals and developing an evidence-based improvement plan for one of the areas where the state or national benchmark has not been met.

**Approach to the Assignment**

The approach to this assignment was focusing on the impact of technology in healthcare and how patients access their healthcare record. As patients uses technology to follow up, make complaints about care receives, or give commendations on care they received in a hospital. Because hospital experience is very important in the outcome of care provided to patient, and the image of the hospital in question, understanding how online reviews affects hospitals image and recognition is very important.

**Reason for Inclusion**

This assignment presented the importance of informatics in healthcare and how information can be utilized to assess a healthcare organization’s performance. It was an eye opener to understand the power of internet, and smart devices as it relates to healthcare information. This assignment was included because in this day and age, I am reminded of my role as a registered nurse of the importance of informatics in nursing, it positive and negative implications.

**Domain 10: Personal, Professional, and Leadership Development**

*(43). Demonstrates accountability for one’s own professional practice.*

Benchmarking compares organizations against each other, allows organizations to review their performance, take responsibility for poor performance, and implement needed change. One way that I take accountability as a nurse is reviewing and implementing the recommended intervention to prevent central line associated bloodstream infection. (examples; proper hand hygiene, CHG bath, catheter line care, timely dressing change, proper techniques for drawing blood, aseptic techniques and more).

**Domain 2:** **Person-Centered Care**

*(12).  Establishes and/or utilizes outcome measures to evaluate the effectiveness of care.*

This assignment and my findings allowed me to pay more attention to issue of patients’ health that may be considered “not serious” but has proven deadly. Examples are ensuring that patients void appropriate amounts of urine post operative and to ambulates post operative patients with the recommended hours as ordered.

**Domain 3: Population Health**

*(13). Evaluates nursing care outcomes through the acquisition of data and the questioning of inconsistencies.*

It is safe to say that data acquisition is not only done by the health care team. Patients and family have access to some of their health records. If there is an inconsistency in the patient’s data page, they will see it. My goal is to provide appropriate evidence-based care with the understanding that most my documented care can be accessible by the organization and the patients. So, I ensure that ensure that the care I provide, and my documentation are consistent regardless of the social economic or educational background of the patient. Patient may not be educated enough to access their information online, but their families and relatives may.

**Domain 5: Quality and Safety**

*(29). Interpret benchmark and unit outcome data to inform individual and microsystem practice.*

A key component of nursing care is safety. Practicing and providing a safe care is paramount in the benchmarking system. Because most of the issues in patient care is related to safety, I have made is an ought to do routine to practice safety in providing care to my patients. By ensuring the at I double check patients information before administering care; ensuring the right interventions are provided; answering the call light timely; listening to patients preferences and concerns; end utilizing evidence based practice appropriately.

**Domain 8: Informatics and Healthcare Technologies**

*(38). Uses informatics to enhance one’s own knowledge base to provide patient centered care and support teaching.*

This assignment exposed me to some aspects of informatic in nursing that I never knew existed. My informatics knowledge has help me in utilizing available system information to deliver appropriate, faster, and effective care, and to reduce errors in my daily nursing care. Providing patient centered care is becoming easier as I can provide a well-tailored, and faster care due to the advancement of technology.

**Health Planning**

**Clinical Application Project Parts one and two**

**NURS 492 Community Health Nursing**

**Health Planning**

**Purpose of the Assignment**

The purpose of the project is to examine a community health problem for a specific aggregate. The project is to be able to apply the nursing process to a vulnerable population within your community. In addition, the purpose of this assignment is to utilize the Health Planning Model to improve aggregate health and to apply the nursing process to the larger aggregate within a systems framework.

**Approach to the Assignment**

As a nurse and an educator who assess patients and provide education based on their health needs, this assignment was performed by assessing and identifying health need of my patients and families, and offers educational awareness. By understanding what patients and families consider their health problem, I was able to establish educational goal that is based on the palliative care.

**Reason for Inclusion**

This assignment is included because the assessment of palliative care knowledge exposed the psychological effects of poor communication, lack of information, and miscommunication among nurses, patients, and families. During this assignment, I was able to establish the reason why nurses, patients and families find it difficult to talk about bout palliative care. This topic is still being delicately discussed among patients, families, and the health care team. The understanding is still limited, as I continue to education the population within my reach.

**Domain 1: Knowledge for Nursing Practice**

 *(2). Demonstrate social responsibility as a global citizen who fosters the attainment of health equity for all.*

Being a global citizen starts from home. As a registered nurse my contribution starts at bedside as I have come to understand that equity is not always practiced in health care. In relation to my discussion on palliative care, I found that the more education and better socioeconomic class more likely to a patient is encouraged to use palliative care alongside curative care. So, I have made it a mission to education my patients who are going through debilitating health problems that palliative care can be used alongside curative treatment. Education them that palliative care is based on patient’s need not diagnosis or prognosis.

**Domain 1: Knowledge for Nursing Practice**

*(5). Maintains an awareness of global environmental factors that may influence the delivery of health care services.*

I ensured that my patient understand that palliative care is not a death sentence and does not imply that the person has given up as people and public opinion may suggest. Because opinion, stereotypes, misconception, and misinformation are some of the factors that influence the use of palliative care. Education my patient population about the component and benefits of palliative care is important as more adult a living longer and going through health issue.

1. **Domain 2:** **Person-Centered Care**

*(8) Applies appropriate knowledge of major health problems to guide nursing practice.*

To ensure that I understood the extent of lack of knowledge awareness of palliative care, I asked around my patients, families, and colleagues about their understanding and opinion. Around the time of this assignment, I have two patients passed away with little to no understanding of the document they and their family signed. That made this topic a major clinical problem for me. I decided to ask my patient about their understanding of patientive care and explain in details to them what it is all about.

**Domain 3: Population Health**

*(14). Revises actions plans and goals based on evidence or responses to interventions.*

After reading through many article on the topic of palliative care, I was able to provide to patients and family a tailored plan that is based on their goal should they decided to consult for palliative care measures.

**Domain 7: Systems-Based Practice**

*(4). Recognize the impact of health disparities and social determinants of health on care outcomes.*

The impact of health disparities and social determinants of health can be detrimental to general health. When health disparities and social determinants are used in the analysis of someone with severe health conditions, the outcome is debilitating. In relation to an educated patient, from an upper social class who suffers from cancer or COPD, care plan, treatment regimen and attention to detail is much better compared to a patient from a minority class. As a nurse educator who also advocate for my patients, I ensured that I provided my patient with available resources and care options available to them.